

*Our Focus is Your Vision*

ATLANTIC EYE CENTER  
CAPE MAY COURT HOUSE (609) 465-1616  
EYEMAX LASIK CENTER  
LINWOOD (609) 653-2201



## **LASIK POST-OP INSTRUCTIONS**

**Immediately Following The Surgery:** Please go home and get lots of rest. If you are feeling any discomfort, you may take an over the counter pain reliever as directed, such as Tylenol PM. Take no aspirin for the first 24 hours. Do not drive a car the day of the operation. No contact sports. No rough housing with anyone including children and pets. Do not rub your eyes as this could cause dislocation of the flap.

**General Cleanliness:** Avoid makeup, creams or lotions around your eye for the first 2 weeks after surgery. Gently wash your face and eye area with warm water and a soft cloth. Avoid splashing water directly in the eye.

**After Surgery:** You may feel slight discomfort in the eye. Tearing, watery and dryness are also normal. Fluctuation in the vision may occur for the first 2 weeks. Avoid touching your eyes. Use the drops given to you the day of your surgery as directed by Dr. Caruso.

**Pain Management:** As stated before, you may experience some slight discomfort which you can alleviate by taking an over the counter pain medication. Should you find a sudden increase in discomfort please call the office as soon as possible at 609-653-2201.

### **Eye Drops:**

- **Occuflox:** one drop 4 times a day till bottle is empty.
- **Pred-Fort:** one drop 4 times a day till bottle is empty.
- **Art. Tears:** one drop every 2 hours as needed while awake.